Instructions:

You can work to a straight line or a completed entire card.

Return your card via email by March 1, 2023 at 5:00 p.m. to wsand@quidnunc.net.

Your name:	 _Email: _	

Attended the 2/28 WA State Academy policy webinar	Following a local legislator on social media.	Visited the Academy's advocacy web pages.	Found the State Legislative Tracking Map.	Completed 1 Academy Action alert in January or
Initials	Initials	Date	Date	February Date
Emailed at least 1 state representative this session.	Made an ANDPAC donation in the past 6 months.	Completed an online report using the Incident Reporting Tool in the past year.	Looked up and identified my state representatives.	Reviewed the "how to advocate" info.
Date	Date	Date	Date	Date
Visited Governor Inslee's web pages and reviewed issues related to food and nutrition.	Read the "Engaging with Congress Members" information on the Academy Policy web page.	WASHINGTON STATE ACADEMY OF NUTRITION AND DIFFERENCE AND TO A NUTRITION AN	Reviewed at least 2 of the Academy's posted current legislative priorities.	Using the State Legislative Tracking map, identified # of WA State bills.
Date	Date	Free Cell	Date	Date
Completed 1 Academy Action Alert in February.	Reviewed the Academy's policy priority info on Diversity and Inclusion.	Visited 2 federal legislators' websites.	Watched the Incident Reporting Tool recording.	Emailed at least 1 state senator this session.
Date	Date	Date	Initials	Date
Have read an issue of the MNT Provider newsletter Initials	Looked up and identified my state senator.	Made an ANDPAC donation in the past 3 months.	Visited 2 state legislators' websites.	Visited the WA State Academy policy web pages.
	Date	Date	Date	Date

Prizes:

Completed bingo card – all will be entered into a drawing for one of two 2024 conference registrations (next year's in-person event). Straight line – all will be entered into a drawing for 1 of 4 - \$25 gift cards or 1 of 2 complimentary registrations for the 2023 Virtual Cheese Tasting experience (on 4/18/23).

At least one square – all will be entered into a drawing for 1 of 10 - \$5 gift cards.